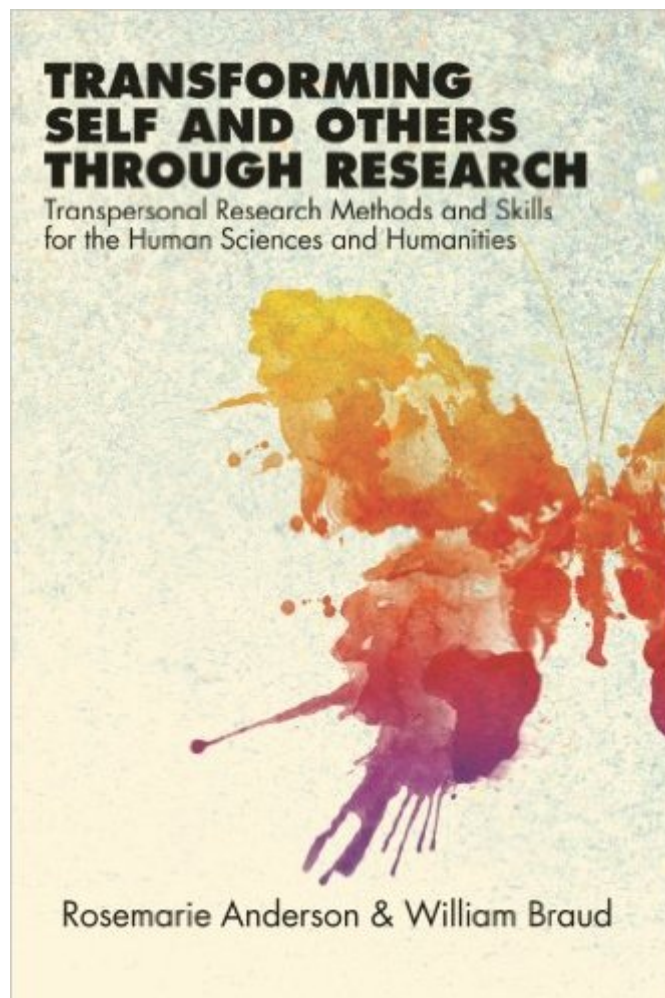


The book was found

Transforming Self And Others Through Research: Transpersonal Research Methods And Skills For The Human Sciences And Humanities (SUNY Series In Transpersonal And Humanistic Psychology)





Synopsis

Brings the transformative approaches of transpersonal psychology to research in the human sciences and humanities. Research approaches in the field of transpersonal psychology can be transformative for researchers, participants, and the audience of a project. This book offers these transformative approaches to those conducting research across the human sciences and the humanities. Rosemarie Anderson and William Braud first described such methods in *Transpersonal Research Methods for the Social Sciences* (1998). Since that time, in hundreds of empirical studies, these methods have been tested and integrated with qualitative, quantitative, and mixed-method research designs. Anderson and Braud, writing with a contribution from Jennifer Clements, invite scholars to bring multiple ways of knowing and personal resources to their scholarship. While emphasizing established research conventions for rigor, Anderson and Braud encourage researchers to plumb the depths of intuition, imagination, play, mindfulness, compassion, creativity, and embodied writing as research skills. Experiential exercises to help readers develop these skills are provided.

Book Information

Series: SUNY Series in Transpersonal and Humanistic Psychology

Paperback: 386 pages

Publisher: SUNY Press (September 1, 2011)

Language: English

ISBN-10: 1438436726

ISBN-13: 978-1438436722

Product Dimensions: 6 x 1 x 9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (4 customer reviews)

Best Sellers Rank: #752,301 in Books (See Top 100 in Books) #73 inÂ Books > Medical Books > Psychology > Movements > Transpersonal #180405 inÂ Books > Reference

Customer Reviews

This is a keeper, who knew that research methods could be so enlightening. I have read many research methods books but never has one held my interest such as this book. It is an excellent book if you are looking to expand your current approach to research. The authors have a very healthy and advance understanding of the current and future needs within the field of research.

I used this book to learn more about organic inquiry as it was the methodology used for my thesis. Wonderfully written, not dry, or boring (as so many books on methodology can be). The book also includes exercises to help the researcher develop skills to better understand and utilize each methodology. Wonderful book!

This book is practical and very helpful to students working on their dissertation. Many good exercises to help a student focus in on a particular topic.

Excellent

[Download to continue reading...](#)

Transforming Self and Others through Research: Transpersonal Research Methods and Skills for the Human Sciences and Humanities (SUNY Series in Transpersonal and Humanistic Psychology)
Dark Night, Early Dawn: Steps to a Deep Ecology of Mind (SUNY Series in Transpersonal and Humanistic Psychology) (SUNY Series, Transpersonal & Humanistic Psychology) Revisioning Transpersonal Theory : A Participatory Vision of Human Spirituality (SUNY Series in Transpersonal and Humanistic Psychology) Body of Knowledge: An Introduction to Body/Mind Psychology (SUNY Series in Transpersonal and Humanistic Psychology) Holotropic Breathwork: A New Approach to Self-Exploration and Therapy (SUNY series in Transpersonal and Humanistic Psychology)
Self-Discipline: Achieve Unbreakable Self-Discipline: How To Build Confidence, Willpower, Motivation, Self-Belief And Master Your Life!: Self control, ... Self-Confidence, Self-esteem, Organizing) Self-Love: The 21-Day Self-Love Challenge - Learn how to love yourself unconditionally, cultivate self-worth, self-compassion and self-confidence (self ... happiness) (21-Day Challenges Book 6) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Defining Digital Humanities: A Reader (Digital Research in the Arts and Humanities)
Psychology: Social Psychology: 69 Psychology Techniques to Influence and Control People with Communication Tricks, NLP, Hypnosis and more... (Psychology, ... NLP, Social Anxiety, Cognitive Psychology) The Three Cultures: Natural Sciences, Social Sciences, and the Humanities in the 21st Century Humanistic Psychology: A Clinical Manifesto. A Critique of Clinical Psychology and the Need for Progressive Alternatives Religious Therapeutics: Body and Health in Yoga, Ayurveda, and Tantra (SUNY Series in Religious Studies) (SUNY Series, Religious Studies) The Enlightened Will Shine: Symbolization and Theurgy in the Later Strata of the Zohar (SUNY Series in Judaica) (SUNY Series in Judaica, Hermeneutics, Mysticism and Religion) Ritual, Politics, and the City in Fatimid

Cairo (Suny Series in Medieval Middle East History) (Suny Series, Medieval Middle East History)
Tradition and Fantasy in the Tales of Reb Nahman of Bratslav (SUNY Series in Judaica) (Suny
Series, Judaica: Hermeneutics, Mysticism & Religion) The Conservative Movement in Judaism:
Dilemmas and Opportunities (Suny Series in American Jewish Society in the 1990s) (Suny Series,
American Jewish Society in the 1990s) Shadow, Self, Spirit: Essays in Transpersonal Psychology
Self Hypnosis for Beginners: The Ultimate Guide With Systematic Steps To Master Self Hypnosis
(Self Hypnosis, Self hypnosis as you read, Self hypnosis diet) Self Hypnosis: The Ultimate
Beginners Guide To Mastering Self Hypnosis In 7 Days (self hypnosis, self hypnosis diet, self
hypnosis for dummies)

[Dmca](#)